

Treatment Service Centers

Suffolk Center
Northgate Building
Godwin Commerce Park
1000 Commercial Lane
Suffolk, VA 23434
Phone (757) 942-1069
Fax (757) 925-2213

Franklin Services
200 E. Second Avenue
Franklin, VA 23851
Phone (757) 562-2208

Smithfield Services
1801 S. Church Street
Suite 6
Smithfield, VA 23430
Phone (757) 357-7458
Fax (757) 356-1808

WTCSB Primary Contact Service Line

Emergency Services:
(757) 925-2484

Adult Mental Health Services:
(757) 942-1990

Substance Abuse Services:
(757) 942-1988

Intellectual Disabilities Services:
(757) 942-1069



Contact US

Saratoga Center
135 S. Saratoga Street
Suffolk, VA 23434
Phone: 757-942-1987
Fax: 757-925-3501

www.wtcsb.org



*The Purpose of Life is a Life
with Purpose*

Adult Mobile Counseling





Mission Statement

It is the mission of Western Tidewater Community Services Board to provide a coordinated system of quality recovery oriented care in Mental Health, Intellectual Disability, and Substance Abuse Services to the citizens of the cities of Franklin and Suffolk and the counties of Isle of Wight and Southampton. We continually strive to value staff, support diversity, and promote excellence in the provision of consumer care

About Adult Mobile Counseling

The Adult Mobile Counseling program provides short-term services including assessment, individual and group therapy, linkage to appropriate programs or services, monitoring and follow-up for individuals utilizing area shelters, various agencies providing assistance, and/or Federal Qualified Health Centers in need of mental health or substance abuse services.



Our Scope

Adult Mobile Counseling services are tailored to meet the the unique needs of each client presenting with any mental health concerns. Participants will attend individual and/or group counseling to assist them in working towards positive change. Treatment goals are identified by each client who works in partnership with their counselor to attain the desired outcome and successfully complete treatment.



Who Do We Serve?

You don't have to suffer alone. WTCSB Adult Mobile Counseling is here to help you with problems that seem overwhelming and assist you on the path to change.

Our highly qualified staff uses an array of treatments to bring recovery to those working to overcome mental health concerns. We are the place to turn for help if you or a loved one needs assistance with any of the following:

- Depression
- Anxiety
- Phobias
- Trauma
- Relationship issues
- Mood instability
- Anger management
- Adjustment difficulties
- Other issues that concern you