

The Purpose of Life Is A Life With Purpose

Services Provided by Western Tidewater Community Services Board

- Twenty four-hour Emergency Services
- Crisis Counseling
- Day Support Services
- Psychiatric Medical Services
- Prevention Services
- In-School Counseling
- Early Intervention for Children
- Housing for the Disabled
- Case Management Services
- Jail-Based Counseling
- Substance Abuse Counseling
- An Array of Community Outreach Advocacy and Education Services



MR Day Support Services

MR Day Support Services provide planned combinations of individualized activities, supports, training, supervision, and transportation to individuals with mental retardation to improve their condition or maintain an optimal level of functioning.

The program provides training and support in non-vocational areas such as self-care, independent living, communication, socialization, and motor skill. The program addresses the specific needs and desires of the individual.

Specific components of this service develop or enhance the following skills:

- self-care and hygiene
- eating
- toileting
- task learning
- community resource utilization
- environmental and behavioral skills
- medication management
- transportation
- include Medicaid MRHCB Waiver Day Support (Center-Based) and Prevocational Services.

Western Tidewater Community Services Board is one of forty Community Services Boards or Behavioral Health Authorities that serve the Commonwealth of Virginia. We serve the Cities of Franklin and Suffolk, and the Counties of Isle of Wight and Southampton. Our responsibility is assuring the delivery of community-based mental health, mental retardation, and substance abuse services to citizens with those disabilities.

It is the mission of Western Tidewater Community Services Board to provide a coordinated system of exemplary care in Mental Health, Mental Retardation, and Substance Abuse Services to the citizens of Franklin, Isle of Wight, Southampton, and Suffolk. We continually strive to value staff, support diversity, and promote excellence in the provision of consumer care.

Treatment Service Centers

Suffolk Center

1000 Commercial Lane
Suffolk, Virginia 23434
Phone (757) 942-1069
Fax (757) 925-2213

Franklin/Southampton County Center

200 E Second Avenue
Franklin, Virginia 23851
Phone (757) 562-2208
Fax (757) 925-2296

Isle of Wight/Smithfield/Windsor Center

1801 S Church Street
Suite 6
Smithfield, Virginia 23430
Phone (757) 357-7458
Fax (757) 356-1808

Western Tidewater CSB Emergency Services

(757) 925-2484

Suicide Hotline

1-800-SUICIDE
(1-800-784-2433)

Virginia Family Violence & Sexual Abuse Hotline

1-800-838-8238

Alcohol & Drug Abuse Addiction Helpline

1-800-442-0971