

## Who is eligible?

Individuals with a Developmental Disability and experiencing mental health or challenging behavioral needs. REACH admissions are approved based on the team's review of individual needs, situation, and assessment information.

## What is Crisis Therapeutic Home?

A Crisis Therapeutic Home (CTH) is a residential setting designed to provide crisis prevention and stabilization services around the clock when their needs cannot be met in their home or community setting. Admissions to the CTH are designed to be short term and highly intensive. Individuals that may benefit from CTH services include those that are stepping down from a hospitalization or those who are at risk of losing their placement due to difficult to manage behaviors.



## Contact Information

**My primary REACH  
Coordinator is:**

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**REACH provides 24/7 crisis  
intervention, information, and  
referral to individuals residing  
in Health Planning Region V.**

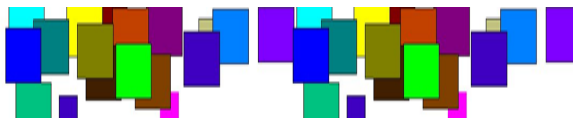
**Region V REACH  
24 hour Crisis &  
Information Line  
1-888-255-2989**



**REACH**  
Regional Education Assessment Crisis Services Habilitation



**1-888-255-2989**



## How to access support during a crisis

- 1.) Call 911 when the individual is an immediate danger to self or others
- 2.) Call your local Community Services Board/ Behavioral Health Authority Emergency Services
- 3.) Call the 24/7 Crisis Line

## Definition of REACH

**Regional  
Educational  
Assessment  
Crisis Response  
Habilitation**

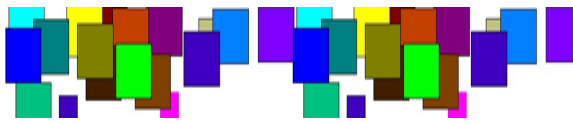
## How to make a referral to REACH

REACH will receive referrals through Case Managers, Parents, Providers, Police, Emergency Room Staff, CSB Emergency Service pre-screeners or any outside individual. Contact the toll free information and crisis line 1-888-255-2989 to make a referral.



## REACH'S Role With Emergency Services

REACH staff are *not* certified pre-screeners and will *not* replace Emergency Services (ES) for mental health crises. REACH will collaborate with ES to help stabilize individuals in crisis and decrease need for hospitalization.



## HPR-V CSB/BHA Emergency Numbers

### Chesapeake Integrated Behavioral Healthcare

Emergency Services:757-547-9334

After Hours: 757-548-7000

### Colonial Behavioral Health

Emergency Services:757-220-3200

### Eastern Shore Community Services Board

Emergency Services:757-442-707 or

1-800-764-4460

### Hampton– Newport News Community Services Board

Emergency Services:757-788-0011

### Middle Peninsula-Northern Neck Community Services Board

Emergency Services:804-693-2673 or

1-800-542-2673

### Norfolk Community Services Board

Emergency Services:757-664-7690

### Portsmouth Department of Behavioral Healthcare Services

Emergency Services:757-393-8990

### Virginia Beach Human Services Community Services Board

Emergency Services:757-385-0888

### Western Tidewater Community Services Board

Emergency Services:757-925-2484