



Home and Community-Based Services Final Rule Training

Western Tidewater Community Services Board

The Purpose Of Life Is A Life With Purpose

What is HCBS?

- Home and Community Based Services
- The final home and community-based services (HCBS) regulations (known as the “Final Rule”) were published in the Federal Register on January 16, 2014; they became effective March 17, 2014
- Designed to enhance the quality of HCBS, provide additional protections, and ensure full access to the benefits of community living
- All States including Virginia submitted a Statewide Transition Plan for existing 1915(c) and 1915 (i) waivers. All states must be in full compliance by March 17, 2019.

★ What does HCBS mean for the individuals I serve?

- Enhanced Waiver Services
- Integrated Supports
- Tenant Protections
- Privacy, Dignity and Respect
- Autonomy and Enhanced Community Living
- Residential Options based on preference
- Facilitates individual choice regarding services and supports, and who provides them
- Flexibility
- Enhanced eligibility process based on an individuals priority needs



How does HCBS impact my role as a DSP?

- Increased Advocacy for the individual you serve
- Optimizing Person Centered Thinking Principles
- Facilitating individual choice and integration with the greater community
- Development of creative supports to support individual choice
- Enhanced documentation to support individual choice and development
- Increased awareness of Fiscal accountability
- Service diversity and increased schedule flexibility
- Assisting Individuals in engaging in age appropriate activities such as but not limited to competitive work, shopping, medical appointments, dining out with friends and family and other community activities.

How does HCBS impact my role as a DSP (cont.)

- Support and flexibility to allow individuals to come and go at any time
- Development of schedules that focus on individuals needs and desires to promote individual growth and provide flexibility from day to day regarding choice of services
- Providing access to and opportunities to build skills both in the home and in community settings
- Utilizing community resources for engagement and skill building purposes
- Development of Person-Centered Plans that document an individuals needs and preferences and resources available for room and board

CMS HCBS Settings Regulations are designed to do:

1. Enhance the quality of home and community based setting that are funded by CMS, provide additional protections, and ensure full access to the benefits of community living
2. Establish requirements for the quality of settings where individuals live and/or receive Medicaid reimbursable services
3. Focus on the quality of individual experiences
4. Ensure individuals receive services in the community to the same degree of access as individuals not receiving HCBS services

Services affected by HCBS Final Rule currently provided by WTCSB

- DD Case Management
- DD Residential Services
- DD Day Support Services
- DD Respite Services
- DD In-Home Services
- Personal Care Services
- Skilled Nursing Services

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As a result of HCBS Final Rule Virginia has established 3 new DD Waivers

- Community Living Waiver
- Family and Individual Supports Waiver
- Building Independence Waiver

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Service Options

- Community Coaching
- Community Engagement
- Group Day Services
- Consumer Directed Services
- Self Directed Services (which can include personal assistance, respite, companion)
- Independent Living Support
- Shared Living
- Supported Living
- In-Home Supports
- Group Home Residential
- Crisis Support and/or Community Centered Based
- Skilled Nursing
- Private Duty Nursing
- Therapeutic Consultation

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Service Options (cont.)

- Personal Emergency Response System (PERS)
- Assistive Technology
- Benefits Planning Services
- Community Guide
- Electronic Home Based Services
- Environmental Modification Services
- Medical and Non-Medical Transportation Services
- Transition Services

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Benefits of the 3 new waivers

1. Person-Centered
2. Needs Based
3. Self Directed
4. Community Focus
5. New Services and Supports
6. Data Accountability
7. Fair and Equitable Services

This all equals My Life My Community