

## MISSION STATEMENT

The Medication Assisted Withdrawal Program will provide individualized interventions and care designed to meet the individuals' physical and emotional needs; provide support, guidance and supervision, and meet the objectives of the individualized services plan. These services will be provided to adult residents of Suffolk, Franklin, Isle of Wight, and Southampton who meet criteria for the DSM V and ICD 10 codes (any or all) of Polysubstance, Opiate, Sedative Hypnotic, Barbiturate, and /or Alcohol Abuse or Dependence.

## WESTERN TIDEWATER CSB MISSION STATEMENT

It is the mission of Western Tidewater Community Services Board to provide a coordinated system of quality recovery oriented care in Mental Health, Intellectual Disability, and Substance Abuse Services to the citizens of the cities of Franklin and Suffolk and the counties of Isle of Wight and Southampton. We continually strive to value staff, support diversity, and promote excellence in the provision of consumer care.

## Treatment Services Center

### Suffolk Center

1000 Commercial Lane  
Suffolk, Virginia 23434  
(757) 942-1069

### Franklin/Southampton

200 E. Second Avenue  
Franklin, Virginia 23851  
(757) 562-2208

### Isle of Wight/Smithfield/Windsor Center

1801 S. Church Street  
Smithfield, Virginia 23430  
(757) 357-7458

## WTCSB Primary Contact Services Line

Mental Health (MH) Adult Services – 757-942-1990  
VICAP/Children MH Services – 757-942-1978  
Intellectual Disability Services – 757-942-1069  
Substance Abuse Services – 757-942-1988  
Emergency Services – 757 – 925-2484

## Additional Community Resources

### Suicide Hotline

1-800-SUICIDE  
1-800-784-2433

### Virginia Family Violence & Sexual Abuse Hotline

1-800-838-8238

### Alcohol & Drug Abuse Addiction Helpline

1-800-442-0971



## Ambulatory Detoxification with On-Site Monitoring

**Detox Programs**

Manage the **symptoms** of withdrawal.

|            |              |
|------------|--------------|
| depression | suicidal     |
| tremors    | nausea       |
| seizures   | weakness     |
| anxiety    | diarrhea     |
| vomiting   | irritability |
| headaches  | cravings     |
| insomnia   | muscle aches |
| sweating   | bone aches   |
| chills     | sweating     |
| paranoia   | delirium     |

**COMPLETED under the supervision of a DOCTOR**

**FUNDED BY:**

A green silhouette of a human head in profile, facing right. Inside the head, the following text is written: 'CoMeth', 'Marijuana', 'Pills', 'Site', 'alcohol', 'pain killers', and 'Hepatitis'.

## Western Tidewater Community Services Board

135 South Saratoga Street  
Suffolk, Virginia 23434

757-942-1988  
Fax (757) 925-3569  
www.wtcsb.org

The Purpose of Life  
Is a Life with Purpose



**It's time - reconnect -  
take control of your life!**

### WHAT TO EXPECT

Our Addictionologist will meet you and assess your current medical status and medication needs. Labs will be requested and appropriate treatment prescribed. You will have access to an LPN, a Licensed Clinician, a Case Manager and a Peer Specialist to assist you on your journey.

Medications will be prescribed when appropriate to initiate the detox process and stabilize withdrawal symptoms, cravings, anxiety and to assist with sleep.

### CONTINUE ON WITH YOUR LIFE

This medically monitored program will allow you the opportunity to remain in the community (continue with school, keep your job, remain with your family) while detoxing.

### WE HELP FAMILIES/SIGNIFICANT OTHERS UNDERSTAND.....

A strong support system is imperative for success. You and the people who support you will participate in a confidential interview, intake, and orientation session. An explanation of the detox process and what to expect will be provided. Your significant others will have an opportunity to learn more about the recovery process by participating in educational groups for themselves



Break free from the burden of  
addiction!

We'll link you to community supports such as AA/NA. We will also provide assistance with employment resources, and resources for food, shelter and clothing. Transportation will be provided as needed. Upon completion of the program we encourage and invite you continue treatment to assist with recovery and sobriety.

*It takes courage to start with a clean slate. Start healing now by calling us today at **757-942-1988** to learn more about this valuable program. Expect 100% confidentiality.*

*You don't have to do this alone. We will assist your family in learning more about the disease of addiction as well as the recovery process.*