### **Treatment Service Centers**

# Suffolk Center Northgate Building

Godwin Commerce Park 1000 Commercial Lane Suffolk, VA 23434 Phone (757) 942-1069 Fax (757) 925-2213

### **Franklin Services**

200 E. Second Avenue Franklin, VA 23851 Phone (757) 562-2208

### **Smithfield Services**

1801 S. Church Street Suite 6 Smithfield, VA 23430 Phone (757) 357-7458 Fax (757) 356-1808

# **WTCSB Primary Contact Service Line**

Emergency Services:
(757) 925-2484

Adult Mental Health Services:
(757) 942-1990

Substance Abuse Services:
(757) 942-1988

Intellectual Disabilities Services:
(757) 942-1069

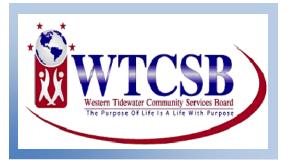


### **Contact US**

Saratoga Center 135 S. Saratoga Street Suffolk, VA 23434 Phone: 757-942-1987

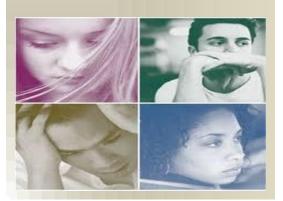
Fax: 757-925-3501

www.wtcsb.org



The Purpose of Life is a Life with Purpose

# Adult Mobile Counseling





## **Mission Statement**

It is the mission of Western Tidewater
Community Services Board to provide a
coordinated system of quality recovery
oriented care in Mental Health, Intellectual
Disability, and Substance Abuse Services to
the citizens of the cities of Franklin and
Suffolk and the counties of Isle of Wight and
Southampton. We continually strive to
value staff, support diversity, and promote
excellence in the provision of consumer
care

# **About Adult Mobile Counseling**

The Adult Mobile Counseling program provides short-term services including assessment, individual and group therapy, linkage to appropriate programs or services, monitoring and follow-up for individuals utilizing area shelters, various agencies providing assistance, and/or Federal Qualified Health Centers in need of mental health or substance abuse services.



# **Our Scope**

Adult Mobile Counseling services are tailored to meet the the unique needs of each client presenting with any mental health concerns. Participants will attend individual and/or group counseling to assist them in working towards positive change. Treatment goals are identified by each client who works in partnership with their coounselor to attain the desired outcome and successfully complete treatment.



Who Do We Serve?

You don't have to suffer alone. WTCSB Adult Mobile Counseling is here to help you with problems that seem overwhelming and assist you on the path to change.

Our highly qualified staff uses an array of treatments to bring recovery to those working to overcome mental health concerns. We are the place to turn for help if you or a loved one needs assistance with any of the following:

- Depression
- Anxiety
- Phobias
- Trauma
- Relationship issues
- Mood instability
- Anger management
- Adjustment difficulties
- Other issues that concern you